

## Field trip Information

The field trip information (1) and risk assessment (2) sections are to be completed by the leader in advance of the trip. The generic risk assessment table (2) should be customised to cover the specific risks relevant to the trip.

### 1. Field trip information

Title of field trip; geological theme(s)	Exploring the Eycott Volcanic Group on Binsey and its relation to the Skiddaw Group. The route will take us around the southwestern foot of Binsey, then steeply up the western flank of the fell to West Crag, returning to start point via Binsey top.
Date of field trip; start time; approximate duration.	Wednesday 5 August Start time 12.00. Duration c. 3-4 hours
Name of volunteer field trip leader(s)	Ian Francis
Start point and its National Grid Reference; also end point if different from start.	Start and End Point. Bewaldeth road end NY 23545 35101 Factoring/pulps/salon If there are no spaces at Binsey road end, there is a wide grass verge on the east side the road that leads south from the road end ( towards Whitfield cottage) at NY 23638 35087 rebounder/bronzes/daring
Parking and transport information	Roadside parking
Description of terrain to be covered, number of stiles	Steep tussocky fellside terrain with craggy outcrops. Approx 7 sites
Approximate distance to be covered, metres of ascent / descent	C. 4km C. 250 m ascent/descent
Assessed severity of field trip,	Moderate, <b>but will require participants to be capable of steep ascent</b> over rough grassy/heathery fellside
Special requirements; refreshments; other observations	Participants will be expected to bring a packed lunch and to bring their own drinking water – there are no refreshment stops on the route.
Nearest hospital with A&E	Carlisle

Note: If action or advice is needed from the CGS Designated Safeguarding Officer regarding this field trip, contact details are available from the members' area of the CGS website or any Council Member.

**2. Risk assessment**

Potential hazard	Risk level– High/Medium/Low	Safety measures
<b>Navigation, route, conditions</b>		
Poor / deteriorating weather; risk to party completing the route. *	medium	Assess on day
Poor visibility or navigation error; risk of the party getting lost or separated. *	low	
Loss of daylight; difficulty of completing the route safely and on time.	low	Leader is familiar with route and duration
<b>Slips, trips and falls</b>		
Steep or exposed ground; uneven rocky ground underfoot: risk of slips/trips/falls; anxiety or vertigo	high	Participants are advised to carry walking poles if they feel uncertain. Stout footwear required . A moderate level of fitness and leg strength also required. These requirements will be noted on the excursion announcement
Condition of paths and stiles: risk of slips/trips/falls/barbed wire	low	
Boggy or heavily vegetated ground; risk of slips/trips/falls	high	Stout footwear and walking poles advised
Forestry or wooded areas; risk of slips/trips/falls or injury by branches	low	
<b>Health and wellbeing</b>		
Attendee becoming unwell and needing assistance*. Including hypothermia, sun exposure and bites by ticks, insects or snakes	med	Attendees will be reminded of the possible presence of ticks by the leader
<b>Other typical risks</b>		
Roads; risk to pedestrian attendees from traffic.	low	
Rockfall, or fall of other debris from slopes.	low	
Water courses, open water, tides; drowning risk; crossing risks of slips/trips/falls	low	
Livestock attack: cows, bulls.	low	
<b>Other</b>		

\* Weather-related risk level to be reviewed at the time of the field trip.

Signature of volunteer field trip leader .....