

## Field trip Information

The field trip information (1) and risk assessment (2) sections are to be completed by the leader in advance of the trip. The generic risk assessment table (2) should be customised to cover the specific risks relevant to the trip.

### 1. Field trip information

Title of field trip; geological theme(s)	The Tectonics of Ingleborough
Date of field trip; start time; approximate duration.	3 June 2026 10am
Name of volunteer field trip leader(s)	Dr BJ Skillerne de Bristowe
Start point and its National Grid Reference; also end point if different from start.	Ingleton Waterfalls Car Park, (Near Entrance). In the morning there will be short stops on the way between the Waterfalls Car Park and Horton. A round trip by car of some 20 miles. The Waterfalls Walk will be undertaken in the afternoon.
Parking and transport information	Minimise cars at the Waterfalls Walk carpark.
Description of terrain to be covered, number of stiles	
Approximate distance to be covered, metres of ascent / descent	8km mostly in the afternoon
Assessed severity of field trip,	Easy
Special requirements; refreshments; other observations	Lunch can be a packed lunch or taken in the cafes close to the Waterfalls Walk.
Nearest hospital with A&E	Lancaster

Note: If action or advice is needed from the CGS Designated Safeguarding Officer regarding this field trip, contact details are available from the members' area of the CGS website or any Council Member.

## 2. Risk assessment

Potential hazard	Risk level– High/Medium/Low	Safety measures
<b>Navigation, route, conditions</b>		
Poor / deteriorating weather; risk to party completing the route. *	Low	
Poor visibility or navigation error; risk of the party getting lost or separated. *	Low	
Loss of daylight; difficulty of completing the route safely and on time.	Low	
<b>Slips, trips and falls</b>		
Steep or exposed ground; uneven rocky ground underfoot: risk of slips/trips/falls; anxiety or vertigo	low	
Condition of paths and stiles: risk of slips/trips/falls/barbed wire	Good	
Boggy or heavily vegetated ground; risk of slips/trips/falls	None	
Forestry or wooded areas; risk of slips/trips/falls or injury by branches	low	
<b>Health and wellbeing</b>		
Attendee becoming unwell and needing assistance*. Including hypothermia, sun exposure and bites by ticks, insects or snakes	low	Bring water, suncream, sun hat and snacks.
<b>Other typical risks</b>		
Roads; risk to pedestrian attendees from traffic.	Two places	High viz vests.
Rockfall, or fall of other debris from slopes.		
Water courses, open water, tides; drowning risk; crossing risks of slips/trips/falls	None	
Livestock attack: cows, bulls.	None	
<b>Other</b>		

\* Weather-related risk level to be reviewed at the time of the field trip.

Signature of volunteer field trip leader .....