



CUMBERLAND GEOLOGICAL SOCIETY

Excursion Information and registration

Excursion Information and Hazard and Safety Measures to be completed by the Leader for each Field Excursion in advance of the excursion.

Field Excursion Register to be signed by each individual attending the excursion as part of the registration process.

1. Excursion Information

Title of Excursion; geological theme(s)	Marginalia of the Northumberland-Solway Basin in North Cumbria and Scotland A field trip to the edge of the Northumberland-Solway Basin, exploring locations illustrating its birth and death.
Date of Excursion; start time; approximate duration.	28/09/2024; 10:30 a.m.; 6.5 hours
Name of Excursion Leader(s)	Steve Rozario
Start point and its National Grid Reference; also end point if different from start.	Start: Charles Street Car Park, Langholm NY 362 844 Mid: Penton Bridge, NY 432 774 End: Canonbie Church, NY 394 763
Parking and transport information	All three parking points are free of charge. Langholm and Canonbie are served by bus from Carlisle, however there is no public transport to Penton Bridge.
Description of terrain to be covered	Langholm: Pavement, minor roads and good tracks or paths. Two short descents to rock exposures involve negotiating rough woodland and a steep flight of poorly maintained stone steps which require care. Penton: Mostly good forest paths, muddy in places. One damaged bridge requires some care in crossing but is open to the public. One descent to the river is through fairly steep rough woodland to a section of exposed slippery rock which requires care in crossing. A second descent also crosses slippery rock to a riverbank section with large cobbles. Canonbie: easy riverside walking on a good path. Boots or stout walking shoes should be worn.
Approximate distance to be covered, metres of ascent / descent	Langholm: 2 miles, <50m ascent/descent Penton: 1.5 miles, <100m ascent/descent Canonbie: 1 mile, negligible ascent/descent

Assessed severity of excursion	Moderate
Special requirements; refreshments; other observations	<p>Packed lunch recommended. Suitable clothing should be worn. Walking poles can be helpful.</p> <p>There are public toilets at Langholm in the town centre and also two cafes which serve teas and breakfast.</p> <p>There are no public facilities at Penton Bridge.</p> <p>Facilities at Canonbie have in recent years been erratic in opening. The following may or may not be open on the day:</p> <ul style="list-style-type: none"> - Community Café and toilets at the church - Toilets in the village hall - Cross Keys Hotel and Café <p>The last is likely to be the best option but is not guaranteed.</p>
Nearest hospital with A&E	Carlisle



2.Hazard and Safety Measures

Potential hazard	Risk level– High/Medium/Low	Safety measures
Poor / deteriorating weather; risk to party completing the route or of hypothermia. *	Low	Trip is never more than half a mile from a farm or road.
Poor visibility; risk of the party getting lost or separated. *	Low	Route is on waymarked paths with frequent stops.
Steep or exposed edges; risk of slips/trips/falls	Medium	Suitable footwear recommended. Route is on public paths throughout.
Rockfall, or fall of other debris from slopes.	Low	Unstable cliff faces will not be approached.
Boggy or heavily overgrown ground; risk of slips/trips/falls	Medium	Suitable footwear recommended.
Forestry or wooded areas; risk of slips/trips/falls or injury by branches	Low	We will be on well-used public footpaths
Roads; risk to pedestrian attendees from traffic.	Low	There are two short road sections, these are on the Hadrian's Wall path.
Condition of paths and stiles: risk of slips/trips/falls/barbed wire	Low	Paths and stiles are either part of Hadrian's Wall National Trail or public footpaths.
Navigation error: party getting lost.	Low	Paths are waymarked and leader is familiar with area.
Loss of daylight; difficulty of completing the route safely and on time.	Low	Start time gives adequate daylight for completion.
Attendee becoming unwell and needing assistance. Including sun exposure and bites by ticks, insects or snakes	Low	Path is mostly shaded. Area is not known for snake or insect hazards.
Water courses, open water, tides; drowning risk	Low	Paths are public footpaths beside the river. We may examine rock exposures in the river but only if the water level is low enough and safe enough for this to be done.
Other		

* Weather-related risk level to be reviewed at the time of the Excursion.

Signature of excursion leader



GUIDANCE FOR PARTICIPANTS

Members of CGS and guests take part at their own risk. You should read and understand the foregoing Excursion Information and Hazard and Safety Measures, and raise any queries about any matter of concern before the excursion starts.

1. Participants (members and guests) will sign to indicate they are aware of this and accept all responsibilities set out in this document.
2. It is assumed that you are confident the proposed route is well within your physical capabilities- even if the weather deteriorates. Attendees should consider making the Field Trip secretary or the Field Trip Leader aware of any illnesses that may impact their participation and what actions should be taken if illness occurs.
3. You should be properly equipped e.g., suitable footwear, appropriate clothing, first aid kit, personal medicine and food and drink.
4. There is no guarantee that any participant will have had first aid training but, in any emergency, the group will help as best it can.
5. You have complete responsibility for your own safety and for keeping in contact with the group.
6. Do not take unreasonable risks.
7. Alert others if a problem arises.
8. If you need to stop, let at least one other person know.
9. If you choose to leave the trip early, make sure the leader is aware of this.
10. A brief introduction will be given at the start point – it is customary for a few words of appreciation to be given at the end before the group disperses.

Each person attending a field meeting does so on the understanding that they attend at their own that their own risk. It should be noted that the Society holds Third Party Public Liability Insurance for all Society members, but this does not extend to visitors undertaking excursions. Personal Liability Insurance and Personal Accident Insurance remain the responsibility and choice of the participant. The Society does not accept responsibility for loss or damage to individuals or their property.

